

Farmer to Farmer Suicide Prevention



Farmer Angel Network

Connect with the Farmer  
Angel Network



[farmerangelnetwork@gmail.com](mailto:farmerangelnetwork@gmail.com)



[www.farmerangelnetwork.com](http://www.farmerangelnetwork.com)



[@farmerangelnetwork](#)

*The Farmer Angel Network builds strong rural communities that support agriculture by providing **education**, **resources**, and **fellowship** with a focus on mental health*

Be the one to help save a life

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988  
SUICIDE  
& CRISIS  
LIFELINE

24/7  
Call, Text, Chat



Think you know someone who is  
struggling?  
Let them know they're not alone.

We can all take action to prevent suicide

1.

ASK

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2.

BE  
THERE

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3.

KEEP THEM  
SAFE

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4.

HELP THEM  
CONNECT

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5.

FOLLOW  
UP

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